

5/14/25

Week 20: SMF

James & Betty Robison

Jordan Rubin & Diego Mesa

Studio discussion:

JAMES: You know, we tell you oftentimes that we care as much about you as any of the people that you see us helping on the mission field, whether it's feeding them or giving them clean water that is not contaminated and deadly, and where we're rescuing the sexually trafficked. We try to help people everywhere, but we always say, and it is the truth, we care as much about you as these people we're asking you to help us give hope and life to.

Jordan Rubin has helped give life to as many people that are like us. We believe that Jordan, who started years ago with the *Maker's Diet*. We were one of the first people to start helping him promote the Maker's way of eating. But he went on to find more ways to help all of us and *Natural Remedies* is one of them. I'm just glad to have him here to help you.

Studio interview: From 1/5/23

JAMES: So Jordan, we're glad that you're here -- Jordan Rubin. You have a guest; I'm going to let you introduce the guest in a moment but he had a miracle. So you just take it however you want to.

Thank you for the book. Thank you for your life.

JORDAN: This is Pastor Diego Mesa of Abundant Family Living Church in Rancho Cucamonga, California. Diego and I were introduced by a mutual good friend, John Bevere. I had just overcome cancer miraculously and John was visiting me and I told him about my healing. Weeks later he was preaching in Pastor Diego's church. And he called me, and he said, "I am preaching at a church where the pastor was just diagnosed

with cancer." You were late 40s, I think; correct?

DIEGO: I was 47.

JORDAN: That's my age right now. This was someone who ran marathons. And you had renal cell carcinoma diagnosis, kidney cancer, metastatic to the bones I think on the spinal column. And Diego and I spoke and at the time he was on a conventional medical course and not ready to follow a natural approach, which was fine. I certainly never push anybody.

And about a year later, Pastor Diego called me back and he and his wife Cindy visited me where I was living in Florida. My wife Nicki and I shared with them how to eat and how to prepare different meals that would be part of Pastor Diego's healing journey. We prayed for him as a church and laid hands on him, which was amazing. And over the course of, I would say the next ten-plus years he's been the most amazing and compliant miraculous testimonial ever.

And what I will say about this man is that he was cursed, not by intention but told by a doctor that the longest-lived person in history, recorded history with his diagnosis was six years. And he is -- we're past 14 years right now. So you're not in the record books for the fastest marathon time but you're in the record books for healing.

And I will say this. As great as God's creation is and as amazing as what he has given us by ways of *Natural Remedies*, the supernatural is so critical. So what I and Diego both did that I would say is the universal answer to bring healing is a prayer that was quoting scripture; we said it out loud. We alluded to it on a previous program where Kenny Phillips talked about that. But we tell heaven and we warn hell that we're healed by his stripes. And we quote that out loud three times a day. And that is the best medicine. We have amazing prayers in the *Natural Remedies* book. We have an essential oil massage; that was a big part, a massage, of what both Pastor Diego and I did.

And I remember like it was yesterday getting a call from Diego. And I do have faith and I try to adopt Hebrews 11:1 faith but the truth of the matter is that there are times when we can walk on water and times when we fall. So when I got the phone call from you, my hand was shaking because I knew he was going to get a follow-up scan. And coaching someone with a serious health challenge is very emotionally challenging. And so I remember getting that call and I seemed to lose faith but it was truly a great moment in my life. And I can say that if everything that I've gone through and all the challenges personally, just watching my wife suffer when I was diagnosed, but to hear that message from this man and just know that his children and his grandchildren and his church could be impacted, I try to tell people that you just have to have faith because the challenge you're going through is not just about today, about you, it's about that person you're going to meet that needs to hear the testimony, the good news that you can share.

JAMES: Diego, I want you to share your heart from your point of view, the journey. Tell us about it.

DIEGO: Well, I say if you would have seen me as a 47-year-old man in 2008, I would have looked like the perfect specimen of being in shape, but I wasn't healthy. There are a lot of people who look like me, like they're in shape; outwardly, they look wonderful but inwardly, they're not healthy. With a lot of imbalances that were going on in my life, I wasn't drinking a lot of water, just drinking a lot of juices. Hardly ate any vegetables if anything, and no fruits in my diet. Didn't have the education about the benefits of that. Too much stress in my life building a \$47 million church, traveling all the time, working out, and doing marathons all the time; just ran my immune system down to zero. To me, violated the laws of God when it comes to health. And in 2008 of June, I was diagnosed with terminal cancer, Stage 4 kidney cancer, and given a 50 percent chance to live one year. And like Jordan says, the longest-living patient was six years. Fourteen years later, here I am but I've not seen a doctor, had any medication, or had a CAT scan in 12 years. The first two years I did conventionally; I didn't know any better, like everybody else. Had my right kidney removed because that was the origin of it; take it out of me and then make me well. Until the doctor said, "You're never going to get well." I said,

"What if I come in and feel great and tell you I want to run marathons again?" He said, "You will be committing suicide if you come off of this chemo treatment."

At that moment I realized that was not going to be the answer. I was going to have to seek God for something a little bit different. One year into the diagnosis though, being unconventional treatment, not knowing about a naturopathic healthy diet, the doctor said, "What I'm about ready to tell you is, you equal to you winning the lottery, I've told very few patients but you're in remission. I don't know how you're in remission. But we have four CAT scans that could verify there are tumors shrinking and there are tumors no longer there."

That's when I knew that God was manifesting my healing power because like Jordan said, every day, and I could count it for four years, less than five times, did I miss speaking over my body ten minutes from the crown of my head to the soles of my feet calling out every organ tissue, blood vessel in my body, my liver, my colon, my bladder my spleen, and reading 175 scriptures of health and healing over me.

And I just tell people, you've just got to be ornery. You've just got to be ornery. Don't act like you've never been ornery. I can follow you around and I'll see some orneriness within you. Why aren't you like that? I have as much faith as everybody else but let's just say I'm believing God but not having the actions and the manifestations of believing God. If a doctor told you to take this pill three times a day, you would never miss that. You don't miss your appointments and I'm not here to judge people, be that way when it comes to the things of God. You're in the toughest battle of your life so you've got to match it with that same intensity. The enemy is trying to take you out with everything he's got. You've got to fight the good fight of faith to stay in it, the battle. So that's kind of the nutshell of what happened.

JAMES: Have you watched people respond to what you're saying in your church and take things like this seriously?

DIEGO: I think it is. Because if anything what -- yes, Jordan detoxified my mind because I think the greatest battle is not the physical battle, it is not the cancer, it is right here, what you heard. The pictures and images that the devil showed you of you being in hospice, your family over you at the funeral, all those -- so you've got to cancel those thoughts, reprogram, get into the Word of God, speak hope.

And that's what he gave. He gave me a regimen to follow. He gave me some ways of thinking, but he gave me hope! And that's what a lot of people just need, they need hope. And sometimes you can be so wearied down in the battle you just start accepting it, you just start succumbing to it, you just start saying this is I guess going to be that way.

To me, there are two common traits of survivors, the will to live, and the will to do whatever it takes to live. And that's kind of what he told me to do. He told me, "This isn't going to be easy. It's going to be the greatest fight of your life but you've got to be willing to do this, Diego." I couldn't say that I was willing when I first talked to him, it took me a year to do that, until I said, "I think I'm ready now." And that's what we did.

JAMES: Did you find yourself going through some of the things he learned to do in your journey?

JORDAN: Oh, absolutely. Yeah. And it was a little bit, I'm not going to say flying blind but I felt like I was pioneering this a little bit. I didn't understand it. I had already written a book on overcoming cancer before I was diagnosed and my situation was very unique in terms of how it manifested. But I knew that despite growing up with more of a Baptist upbringing where we used to pray, God, if it is your will to heal. When it came to my family and my future legacy, that wasn't enough. It was by your stripes I am healed.

I love the fire that Diego has in sharing this. When I do write a book about cancer again, and I'm planning on it, whenever God opens the door, it is going to be called *To Hell*

with Cancer because you can't sit back and allow somebody no matter how many credentials, degrees, or what kind of a lab coat they're wearing tell you how long you're going to live, what your life is going to be about. And you absolutely have to storm the gates of hell and you have to have the power of heaven behind you. And that's what's so important.

I think both of us have learned over the years, when we meet people that have been diagnosed not just with cancer, maybe it is A.L.S. or Multiple Sclerosis or a so-called incurable illness, I can usually tell within 20 minutes what the outcome is going to be because you are what you believe. As a man thinks in his heart so is he. And we're told to listen to our doctors, we're told to look up websites that tell us what percentage chance we have to live, and we immediately believe that as truth.

So what both Diego and I chose and what all of you need to choose is life. That's why Moses said, choose life or death, blessing or cursing. We chose life. But it wasn't just a verbalization, we followed principles. And what's great is God laid them all out beforehand. And a lot of what we talked about on a previous program, you want to talk about eating healthy fats? Nobody ate more fat than we did but it was the right fats, the right fruits and vegetables, and herbs and spices. And that's what *Natural Remedies* is filled with.

BETTY: Have you found a way that you maintain what you learned from it, a way of life?

DIEGO: I was a typical Latino Mexican who grew up with his frijoles and his burritos and his tostadas. And for him to introduce things to my diet, I went achh! This is like eating a horse or a cow. How am I going to eat this? But it is mind over matter. And when you educate yourself about the benefits of what it's doing to your body, then that's when the victory comes. I've learned that for everything that may have toxins in it, there is a counter to it. So you can't have refined sugar, you just have some honey or maple, or something like that. So it's a lot of education that we aren't often aware of that is found

in the Bible and out there for us to learn.

JAMES: You know, you started 17 years ago trying to help us all understand the Maker had some suggestions with *The Maker's Diet*. Let me just say this to you, I'm sitting here, and you're looking at a miracle. I have rheumatoid arthritis in every joint in my body. My mother couldn't make a fist when she was 50, rheumatoid arthritis. Did you hear what I said? It is in every joint in my body. I'm 100 percent pain-free -- not kind of pain-free.

Interestingly, I began to take natural remedies. My friend, Michael Ellison started TriVita, which has all these natural remedies. I've been told by everybody, Betty knows, I'm the number one natural vitamin taker on the planet, supplements. Good ones! The best. I don't miss. And Michael said God told me and I researched the nopal cactus, an anti-inflammatory. And I took nopal cactus and cured all inflammation in my body in two months. That's 12 years. Did you hear what I said? It is a nopal cactus.

Now you know, you teach all these different natural remedies. I'm saying, would you say for a guy that has rheumatoid arthritis in every joint in his body, I couldn't make a fist when I was in my mid-50s. Look at it. I would drive down the road talking to my hands that could hardly hold the steering wheel. Just like you said, talking to them, telling them exactly where that stuff is to go. I took God very seriously. I still take him very seriously but I also take natural remedies very seriously. Betty took it very seriously. People would say, y'all look like a miracle. You can't be married 60 years! She doesn't even look like she is 50 years old or 40 years old. Okay. We're trying to do what God shows us to do through people like this and through people like you who pray for us. I'm saying to you we're trying to help you.

How about you start in a way that changes every year for the rest of your life and you can live for the kingdom that's here now, not the one to come, there is no disease there. How about we become overcomers and storm the gates of hell on this planet? Because the king is here and he's in us and his will can be done on his earth in our bodies. Do

you believe that? Well, believe it because it is the truth and you're seeing it. Don't you Diego? His kingdom because the kingdom is here, he's got power here right now. This is his earth, it is not the devil's earth. Don't give any more of it to him.

Father, help everybody here to say I'm going to live as though the king has come because the redeemer has come to Zion, the king is here, the kingdom of God is in me and we can overcome the gates of hell right now; in Jesus' name. Do it!

Studio discussion:

JAMES: Well, I pray with all my heart you will get *Natural Remedies*, *The Probiotic Diet*, and *Essential Fasting*. We're trying to give food and water and we've got 350,000 hungry, starving children and families located. We need miracle support, \$30, \$50, and \$100 feeds three, five, or ten children. I want you to listen, if you would, please, right now, to one of our missionaries who oversees so much of the work, literally helping us reach millions of people over the years and change their lives by giving them food when they were starving to death. Listen and please hear God and do what he leads you to do. Watch closely.

Transition roll-in: (No Life)

Open Captions:

The worst drought in Southern Africa for over 40 years has caused food insecurity for nearly 2.2 million people in Angola. – UN World Food Program

ISAK: Multiple years of failed crops, and once again this year, the crops are failing. You can see just how dry these are. You can understand that there's no life here. There's no way that these crops are going to produce food. When you look at the soil, you can see how it's just dry, there's no moisture here. There's no life in the soil; the same as there's no life in this crop.

Open Captions:

Florinda knows the devastating results when there is no life in the crops.

ISAK: When we asked her about the food that she's eating, she said, "Well, we don't have much but what I do have is maize and a bit of rice." That's all she's been able to afford to buy for her children and herself. Not not even enough. No real nutrients coming into their bodies. That's what Florinda explained to us that some months back her child got more and more sick. She described the conditions of what we know as malnutrition. She then took her child to the clinic. But before she could even get there, she lost her child. We were, unfortunately, too late to save Manuela, Florinda's three year old child died. But Mario's life is still here. We can still save Mario if you open your hearts, we can do that today. By bringing mission feeding to this village, we're able to bring life. Life in the form of food.

Studio appeal:

JAMES: Wow! Betty, you remember us watching little graves like this being dug on one of the earlier trips into Angola? I went back the next time we were there to that cemetery and then there were hundreds. We'd begin to look and we'd see a little toy, maybe a piece of clothing that belonged to a child. I remember seeing a jar with a little baby's picture in it. That was their marker. It just nearly killed me. I said, "Betty, we have to stop this!" And boy, did we ever. When I say "we," I'm talking about you. Because when I showed you those little graves, those little markers, you cared. You reached out and put God's arms around a big world, hundreds of thousands. We have fed as many as a million a day in some of the most crisis-situation times. Right now, we've got 350,000 located that are starving. But Betty, when our viewers watch and they see the need and they see the pain and they understand the cost of not getting food, it has moved our viewers. Do you feel today that our viewers understand the importance and the need for the compassion to be expressed?

BETTY: I absolutely do. I feel as though you know how I feel as a mother that's also lost a child, 40 years old, but she was still my daughter, she was my child. Can you please join together with us and let's be the hands to feed those children? Let's provide the nourishment that

they need. We feed their tummies, we fill them up, and then we present Jesus to them. That's a full package, wouldn't you think? Please join with us and let's do it again.

JAMES: When you see God's love in action, it's very simple to point to the God that gives that love and pours it out through people like you. Would you right now go and get your checkbook? Would you go and get your bank card to help us save those children's lives? \$30, \$50, or \$100 will enable us to feed three, five, or ten children. Would you do that? Could you give \$1,000? Could you feed 100 children? Would you take that bank card and use it like a check and go online or call that number and make the largest gift you can possibly make knowing this, I'm giving the greatest gift there is. I'm giving life! And the missionaries are going to point to the source of all life that flows love through us toward those precious people. Would you do it right now? Please be the miracle some mother longs for, some child desperately needs.

SMF Cause 2025:

ANNOUNCER: *Right now, across the continent of Africa, children are suffering, facing severe malnutrition, and even death. With food reserves gone, and many areas experiencing severe famine, we urgently need to replenish supplies to keep feeding the 350,000 children who are counting on us.*

Through Life's mission feeding outreach, your gift of love can be an answer to prayer for a hurting and hungry child in their time of need. Call now with your life-saving gift of \$30, \$50, or \$100 to help feed and care for three, five, or ten children for three full months. With your gift, we'll send you Natural Remedies. This beautifully illustrated book explores ancient nutrition and the health benefits found in God's creation to help you live your best life. With your gift of \$100 or more, please request your "Health and Wellness bundle." This three-book set includes Natural Remedies, as well as Essential Fasting, a simple eating strategy to accelerate weight loss, crush cravings, and reverse aging, and the probiotic diet that gives effective strategies to improve digestion, boost brain health, and supercharge your immune system. Finally, please

consider a gift of \$1,000 or more, which will help feed 100 children, and you may request our inspiring bronze sculpture, "Lion of Judah."

Please call, write, or make your gift online today.

JORDAN: Hi, I'm Jordan Rubin, and for over two decades, my wife Nicki and I have been supporting the ministries of *LIFE*. With any gift to mission feeding, you will transform the lives of 350,000 children in Africa by giving them nutritious food and a hope for the future. With your gift, you'll receive a powerful wellness bundle, which can bring the power of health and nutrition into your own home. Transform the lives of thousands and your own family. Do it today.

Field appeal:

Randy: This little girl has brought her little sister here to get a bowl of food. Taking care of -- you can hold it. I think you're going to have to help her hold it. It's a big bowl. Yep! Y'all got it? Okay. Taking care of each other, that's what they do here in Africa. Siblings taking care of each other. But many of them can't take care of themselves. But you and I can. I'm asking you to take care of a few. Today, we have this common bond and that's the love of Jesus Christ. Will you reach out today? Help take care of another one. Just a simple bowl of food, that's all we ask. Your gift of \$30, \$50, or \$100 will help feed three, five, or ten children for the next few months. We've got the people in place. We've got the systems in place. We've got the long line of children. Will you meet their need? I pray you will. Go online, go to the phone, make the best gift you can. Let's take care of them.

Studio good-bye:

JAMES: Well, Betty, since we do some of these remedies, do you find them easy to follow?

BETTY: I do! I think it's a very good book to keep on hand because some situations and things come up in your life you don't expect sometimes. So it's a nice, good, helpful book.

JAMES: Well, we know pharmaceuticals can oftentimes do as much damage or more, and natural remedies normally do not have that effect. *The Probiotic Diet* and *Essential Fasting*, that is doing healthy fasting not what can prove not to be so healthy. We want to be a blessing to you. Thank you for helping us be a blessing to millions of people around the world. Thank you.